

ZOOZ FITNESS WELCOMES

ROCK STEADY BOXING SAN FERNANDO

Our goal is to help individuals fight back against Parkinson's disease through fun non-contact boxing exercise.



Boxing Class Schedule

Monday @ 9:45am - 10:45am

Wednesday @ 12pm - 1pm

Thursday @ 9:30am - 10:30am

Friday @ 10am - 11am

Class Pass Rate:

- Unlimited Monthly Class Pass = **\$180.00**

Classes Held at
ZOOZ Fitness
17650 Ventura Blvd.
Encino, CA 91316



Contact Dean Moskowitz at **(747) 234-1115**